

# UFTO int'l

## Universal Form of Treatment Options

**Purpose** : Template for the recording of Advance Care Planning decisions for use in Hospital settings (Suitable for Residential Nursing Homes)

**Admin time** : x min. Variable

**User Friendly** : High

**Administered by** : Doctor in charge.

**Content** : Record of Advance Care Planning decisions.

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<https://www.cgakit.com/a-7-ufto>

# Universal Form of Treatment Options

For staff use only:  
 Reference no:  
 Surname:  
 First names:  
 Date of birth:

Relevant information about patient's situation:

Please write details of discussion (and/or reasons for not having one, if none has taken place) overleaf:

**This patient is for the following treatment plan:** (please sign one of the below boxes, complete the resuscitation box, and sign and date)

**ACTIVE TREATMENT**  
 e.g. investigations, surgical and medical interventions and treatments, referral to on-call doctors or outreach in event of deterioration

Signature..... Date DD/MM/YYYY

**OPTIMAL SUPPORTIVE CARE**  
 e.g. analgesia and other comfort measures. This includes minimally invasive treatments (such as paracentesis) to improve symptom control/quality of life. **The patient's comfort should be the priority in determining care.** Please document future care planning on reverse.

Signature..... Date DD/MM/YYYY

**Active Treatment usually includes:**  
**Organ Support or High Dependency Unit** if needed and appropriate (NIV, dialysis, inotropes, venous monitoring, cardioversion, etc.) **and Intensive care** if needed and appropriate (intubation and ventilation, support of multi-organ failure, etc)

**If you wish to provide guidance on specific interventions please do so below:**

This patient is **FOR attempted CARDIOPULMONARY RESUSCITATION** in the event of a cardiac arrest

Signature.....

This patient is **NOT FOR attempted CARDIOPULMONARY RESUSCITATION** in the event of a cardiac arrest

Signature.....

This form is for review: NO / YES, at the following frequency:

Print Name	Signature	Date and Time	Contact No.	Designation
				ST3 or above
				Consultant
				Nurse Informed

Does the Patient have the **mental capacity** to be involved in decisions regarding treatment escalation and CPR? **Yes**  **No**   
 if 'No' : Decisions regarding treatment/CPR must be made following Best interest principles of the Mental Capacity Act 2005

**For staff use only:**  
**Surname:**  
**Reference no:**  
**First names:**  
**Date of birth:**  
 .

**Documentation of Discussions**

These decisions **HAVE** been discussed with patient/relatives/partner/IMCA (give brief overview of discussion)

These decisions have **NOT BEEN** discussed with the above for the following reasons

Please record date and time when discussion has taken place:

**FUTURE CARE PLANNING:**  
 Many patients wish to be involved in advance care planning, so that their wishes can still be acted upon should they lose decision-making capacity in the future. Please offer patients and families the opportunity to discuss the following and document below:

- **Understanding of disease and prognosis**
- **Important values and goals of care**
- **Preferences for future place of care and potential treatments**

This may be useful for any patient, but is particularly important in those with incurable or progressive disease. Attach relevant documents where necessary.

**Print name, signature, designation and date and time**  
 (clinical team, patients, relatives and/or lasting powers of attorney may write if they wish)

Does patient require **Community DNACPR form on discharge**? Yes  No

**Note: this form may be temporarily revoked in context of a procedure which may induce cardiac arrest- e.g. cardiac pacing/angiogram/surgical intervention**  
**Instructions for REVIEW: If the patient's situation changes a new form can be completed and this form should have a line put through it and be filed in the patient's notes.**

Please file behind **ALERT** sheet when active, and within clinical notes once cancelled