

SAGE

Self Administered Gerocognitive Exam

Form 4

Purpose : Detect early signs of cognitive (memory or thinking) impairments. Accurately identify early symptoms of Alzheimer's and dementia

Admin time : 10-15 min

User Friendly : High

Administered by : Healthcare provider or self administered

Content : The SAGE test measures :

- Orientation (month, date, and year)
- Language (verbal fluency and picture naming)
- Reasoning and simple math skills
- Visuospatial orientation
- Executive function
- Memory

Author : Scharre D, 2007 The Ohio State University Wexner Medical Center

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Translations: SAGE is available in other languages, including English (US) and English (New Zealand) [access](#)



<https://www.cgakit.com/p-3-sage>

How Well Are You Thinking?

Please complete this form in ink **without** the assistance of others.

Name _____ Date of Birth ____ / ____ / ____

How far did you get in school? _____ I am a Man _____ Woman _____

I am Asian _____ Black _____ Hispanic _____ White _____ Other _____

Have you had any problems with memory or thinking? Yes _____ Only Occasionally _____ No _____

Have you had any blood relatives that have had problems with memory or thinking? Yes _____ No _____

Do you have balance problems? Yes _____ No _____

If yes, do you know the cause? Yes (specify reason) _____ No _____

Have you ever had a major stroke? Yes _____ No _____ A minor or mini-stroke? Yes _____ No _____

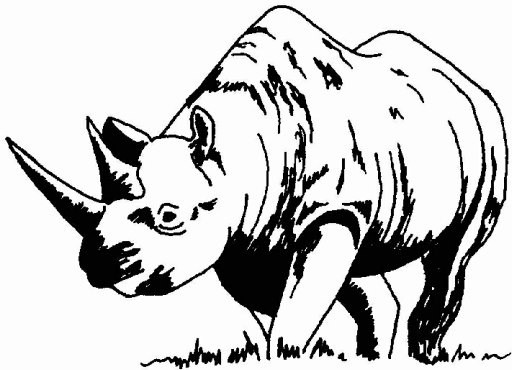
Do you currently feel sad or depressed? Yes _____ Only Occasionally _____ No _____

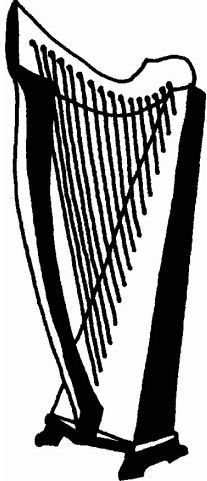
Have you had any change in your personality? Yes (specify changes) _____ No _____

Do you have more difficulties doing everyday activities due to thinking problems? Yes _____ No _____

1. What is today's date? (from memory – no cheating!) Month _____ Date _____ Year _____

2. Name the following pictures (don't worry about spelling):





Answer these questions:

3. How are a rose and a tulip similar? Write down how they are alike. They both are... what?

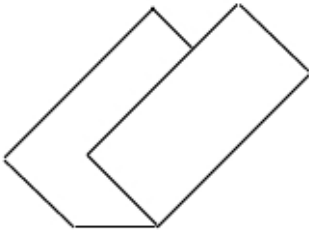
4. How many 20 pence pieces are in £5.40? _____

5. You are buying £3.10 of groceries. How much change would you receive back from a £5 note?

6. Memory Test (memorize these instructions). Do later only after completing this entire test:

At the bottom of the very last page: Write "I have finished" on the blank line provided

7. Copy this picture:



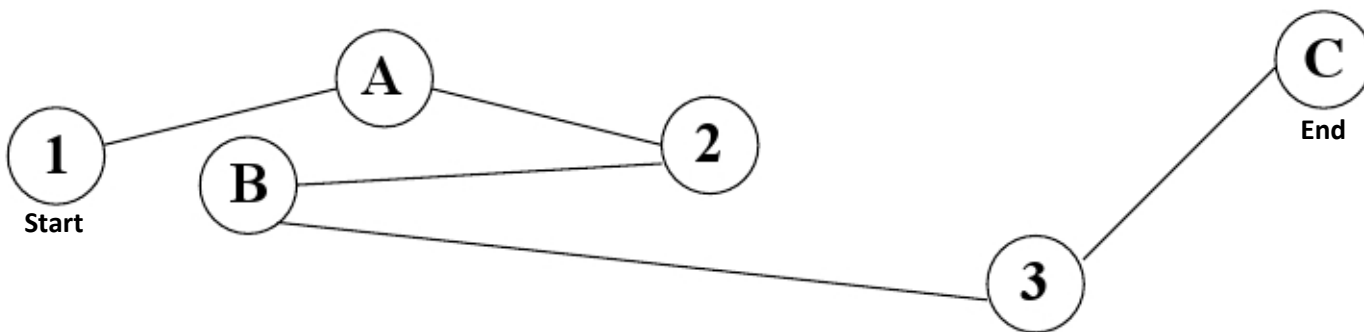
8. Drawing test

- Draw a large face of a clock and place in the numbers
- Position the hands for 10 minutes before 11 o'clock
- On your clock, label "L" for the long hand and "S" for the short hand

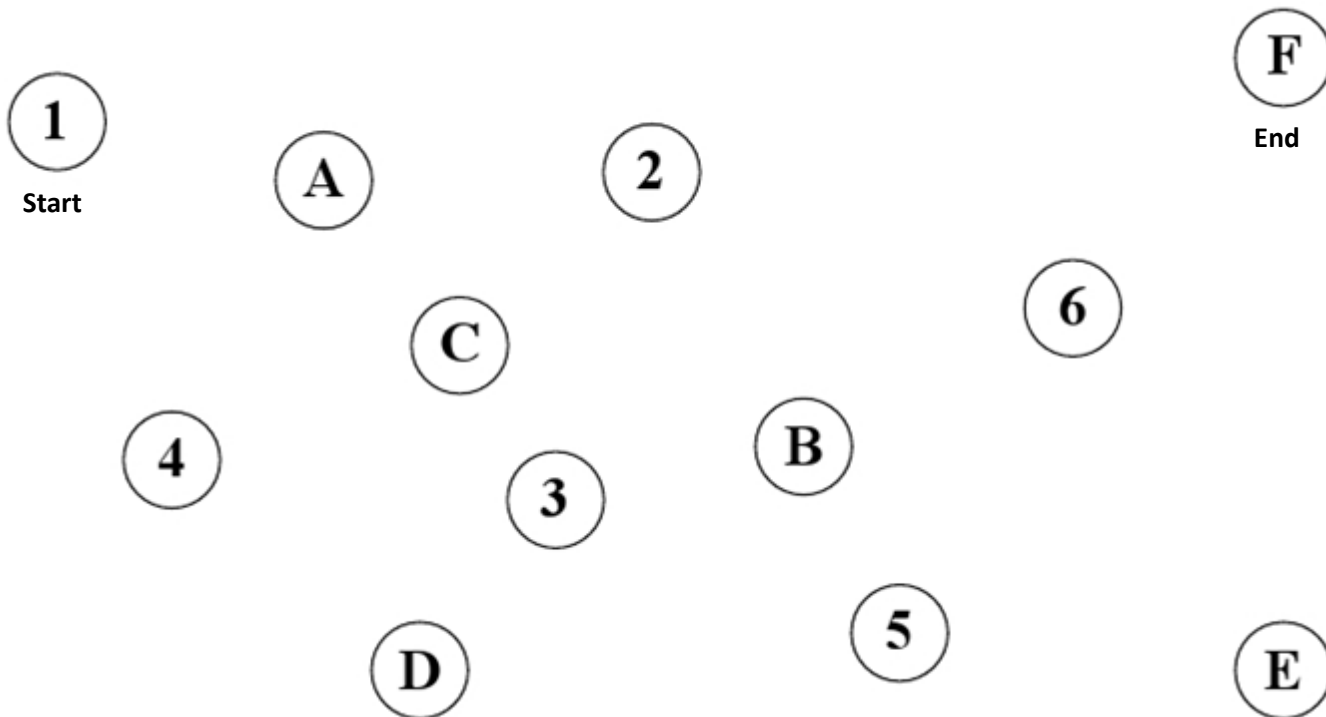
9. Write down the names of 12 different countries located anywhere in the world (don't worry about spelling):

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

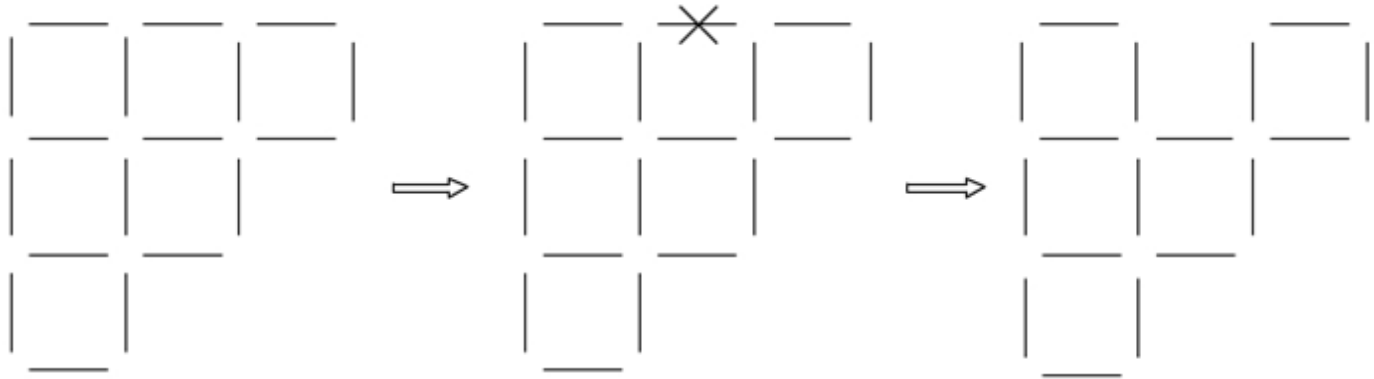


10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).



Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 6 squares
- Cross out 1 line (marked with an X)
- Leaving 5 squares
- Each line must be part of a complete square (no extra lines).



6 squares

(Example)

Cross out 1 line

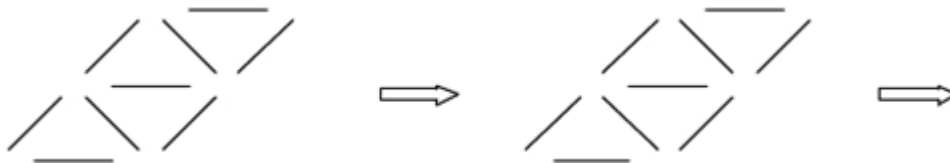
(Example)

5 squares (answer)

(Example)

11. Solve the following problem:

- Beginning with 4 triangles
- Cross out 2 lines (mark with an X)
- Leaving 3 triangles
- Each line must be part of a complete triangle (no extra lines).



4 triangles

Cross out 2 lines

Draw answer here

Mark with an X

3 triangles

12. Are you done? _____

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Douglas W. Scharre, M.D., Scharre.1@osu.edu, (614) 293-4969

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