

Resources for the Comprehensive Geriatric Assessment based  
Proactive and Personalised Primary Care of the Elderly

# **BBGS**

## **Brief Biosocial Gambling Screen**

**Purpose :** Brief 3 question screen for problem and pathological gambling

**Admin time :** 1-3 min

**User Friendly :** High

**Administered by :** GP or nurse

**Content :** 3 Questions pertaining to gambling

**Author :** Gebauer, L., LaBrie, R. A., Shaffer, H. J. (2010)

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<https://www.cgakit.com/bbgs>

# The BBGS\*

## Brief Biosocial Gambling Screen

	Yes	No
1. During the past 12 months, have you become restless, irritable, or anxious when trying to stop/cut down on gambling?	<input type="checkbox"/>	<input type="checkbox"/>
2. During the past 12 months, have you tried to keep your friends or family from knowing how much you gambled?	<input type="checkbox"/>	<input type="checkbox"/>
3. During the past 12 months, did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends, or welfare?	<input type="checkbox"/>	<input type="checkbox"/>

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If “Yes” to one or more questions, further assessment is advised.

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\* Gebauer, L., LaBrie, R. A., Shaffer, H. J. (2010). Optimizing DSM IV classification accuracy: a brief bio-social screen for detecting current gambling disorders among gamblers in the general household population. *Canadian Journal of Psychiatry* , 55(2), 82-90.