

PRISMA-7

Program on Research for Integrating Services for the Maintenance of Autonomy- 7

Purpose : Assessment of presence of frailty

Admin time : 5 min.

User Friendly : High

Administered by : GP or nurse

Content : 7 questions, where 3 or more positive answers is indicative of frailty

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Trade Mark : The Program on Research for Integrating Services for the Maintenance of Autonomy (PRISMA) was developed by researchers from the Research Centre on Aging at the Université de Sherbrooke led by Réjean Hébert, and the Geriatric Research Unit from the Université Laval led by André Tourigny, both in Québec, Canada.
For more information, visit the **website**



<https://www.cgakit.com/fr-1-prisma-7>

Name :

Date :

Assessed by :

PRISMA-7 Questionnaire

PATIENT QUESTIONS		
1. Are you older than 85 years?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
2. Are you male?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
3. In general, do you have any health problems that require you to limit your activities?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
4. Do you need someone to help you on a regular basis?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
5. In general, do you have any health problems that require you to stay at home?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
6. If you need help, can you count on someone close to you?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
7. Do you regularly use a stick, walker or wheelchair to move about?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Total checked:		_____

► Instructions:

- For questions 3 through 7, do not interpret the answer; simply note the person's answer without considering whether or not it should be "yes" or "no".
- If the respondent hesitates between "yes" and "no", ask him/her to choose one of the two answers.
- If, despite several attempts, he/she persists in answering "a little" or "at times", enter "yes".

SCORING: If the respondent had 3 or more "yes" answers, this indicates an increased risk of frailty and the need for further clinical review.

Reference:

Raïche, M., R. Hébert, M-F. Dubois, and the PRISMA partners. User guide for the PRISMA-7 questionnaire to identify elderly people with severe loss of autonomy. In Integrated service delivery to ensure persons' functional autonomy, ed. R. Hébert, A. Tourigny, and M. Gagnon, 147-65. Quebec: Edisem.

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