

SAGE

Self Administered Gerocognitive Exam

Form 3

Purpose : Detect early signs of cognitive (memory or thinking) impairments. Accurately identify early symptoms of Alzheimer's and dementia

Admin time : 10-15 min

User Friendly : High

Administered by : Healthcare provider or self administered

Content : The SAGE test measures :

- Orientation (month, date, and year)
- Language (verbal fluency and picture naming)
- Reasoning and simple math skills
- Visuospatial orientation
- Executive function
- Memory

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Translations: SAGE is available in other languages, including English (US) and English (New Zealand) [access](#)



<https://www.cgakit.com/p-3-sage>

How Well Are You Thinking?

Please complete this form in ink **without** the assistance of others.

Name _____ Date of Birth ____/____/____

How far did you get in school? _____ I am a Man _____ Woman _____

I am Asian _____ Black _____ Hispanic _____ White _____ Other _____

Have you had any problems with memory or thinking? Yes _____ Only Occasionally _____ No _____

Have you had any blood relatives that have had problems with memory or thinking? Yes _____ No _____

Do you have balance problems? Yes _____ No _____

If yes, do you know the cause? Yes (specify reason) _____ No _____

Have you ever had a major stroke? Yes _____ No _____ A minor or mini-stroke? Yes _____ No _____

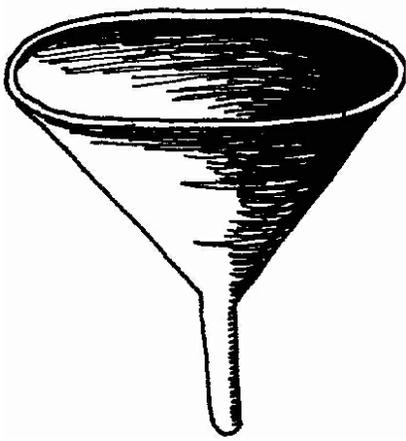
Do you currently feel sad or depressed? Yes _____ Only Occasionally _____ No _____

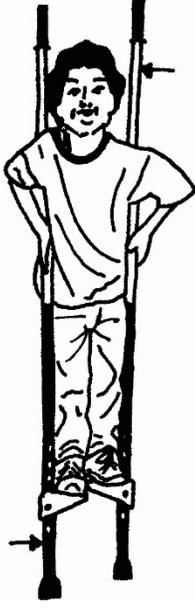
Have you had any change in your personality? Yes (specify changes) _____ No _____

Do you have more difficulties doing everyday activities due to thinking problems? Yes _____ No _____

1. What is today's date? (from memory – no cheating!) Month _____ Date _____ Year _____

2. Name the following pictures (don't worry about spelling):





Answer these questions:

3. How are a bicycle and a train similar? Write down how they are alike. They both are... what?

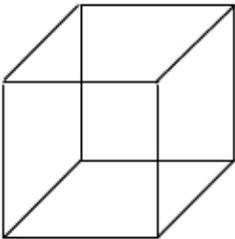
4. How many 20 pence pieces are in £1.40? _____

5. You are buying £2.40 of groceries. How much change would you receive back from a £5 note?

6. Memory Test (memorize these instructions). Do later only after completing this entire test:

At the bottom of the very last page: Write "I have finished" on the blank line provided

7. Copy this picture:

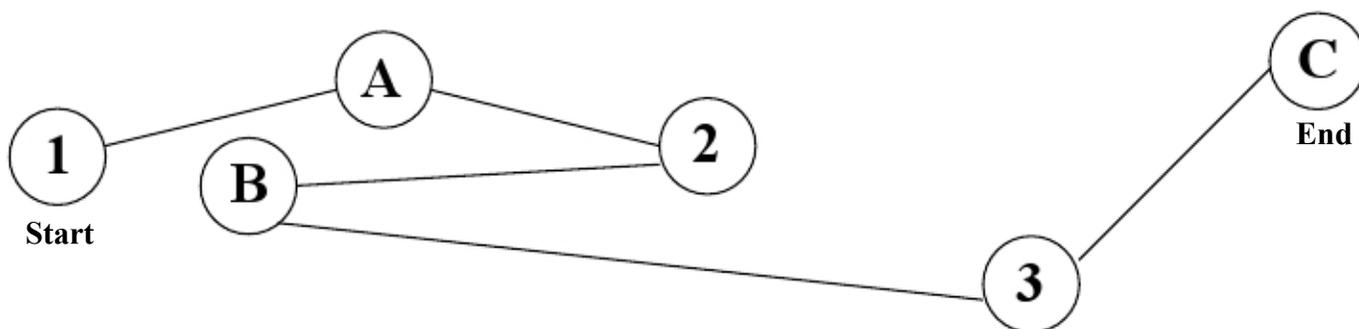


8. Drawing test

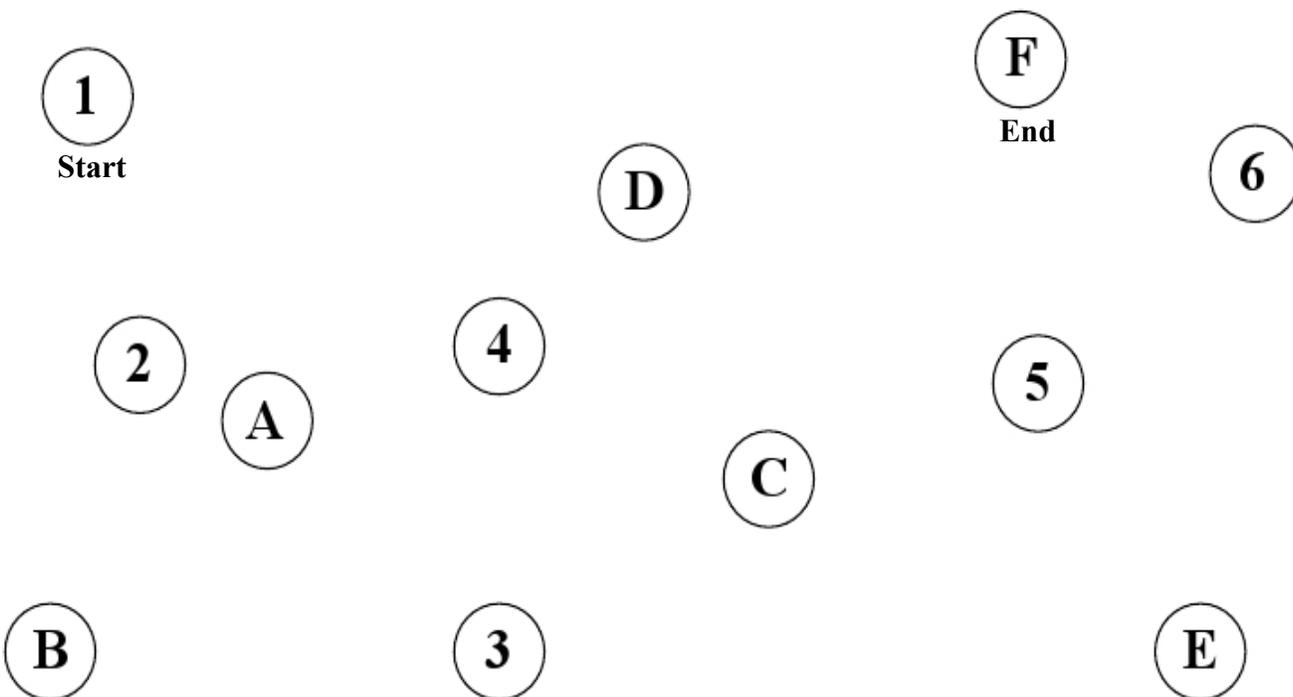
- Draw a large face of a clock and place in the numbers
- Position the hands for 5 minutes before 10 o'clock
- On your clock, label "L" for the long hand and "S" for the short hand

9. Write down the names of 12 different things that are found in a kitchen. Do not include food (don't worry about spelling):

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

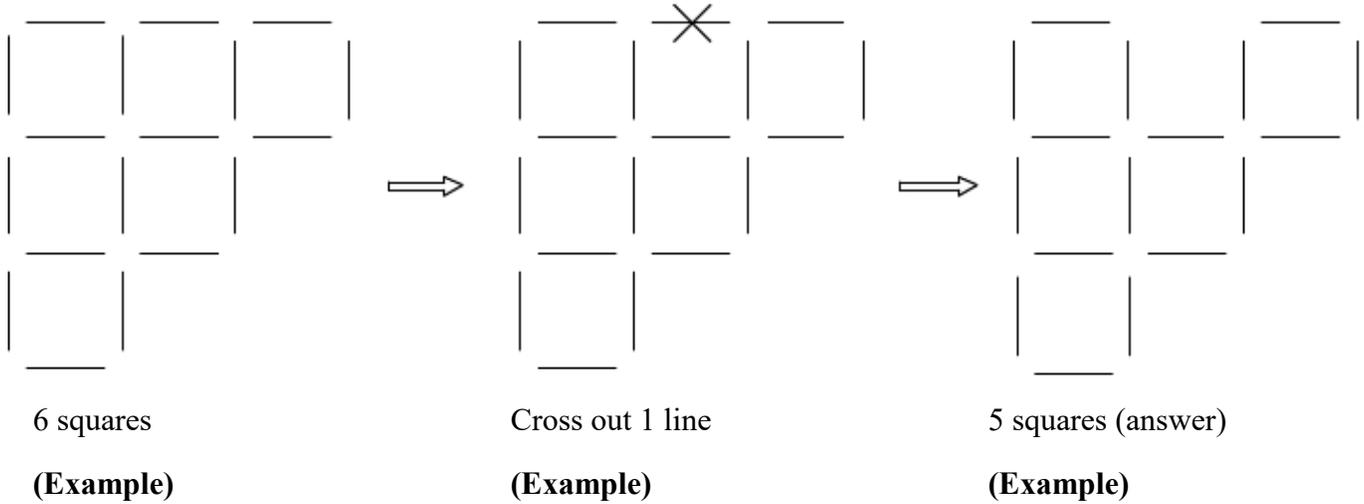


10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).



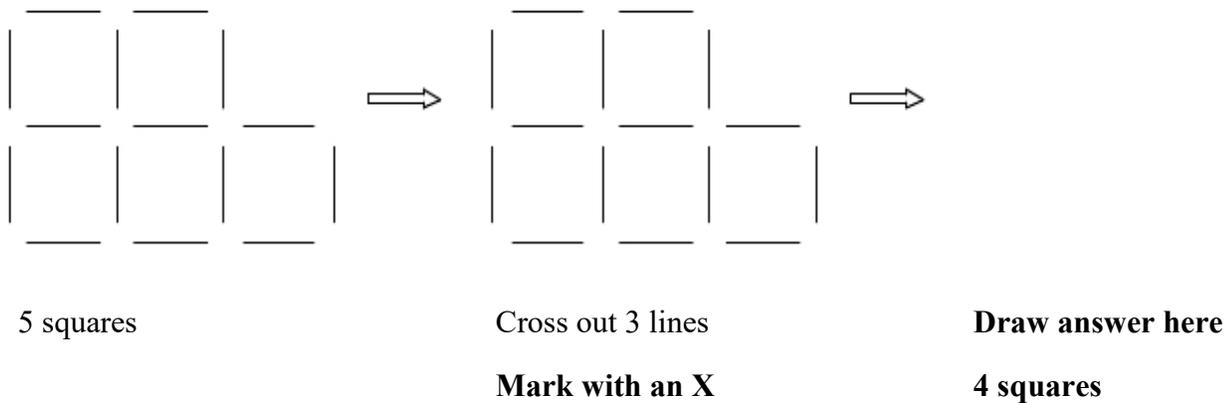
Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 6 squares
- Cross out 1 line (marked with an X)
- Leaving 5 squares
- Each line must be part of a complete square (no extra lines).



11. Solve the following problem:

- Beginning with 5 squares
- Cross out 3 lines (Mark with an X)
- Leaving 4 squares
- Each line must be part of a complete square (no extra lines).



12. Have you finished? _____

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