

# **SAGE**

## ***Self Administered Gerocognitive Exam Form 2***

**Purpose :** Detect early signs of cognitive (memory or thinking) impairments. Accurately identify early symptoms of Alzheimer's and dementia

**Admin time :** 10-15 min

**User Friendly :** High

**Administered by :** Healthcare provider or self administered

**Content :** The SAGE test measures :

- Orientation (month, date, and year)
- Language (verbal fluency and picture naming)
- Reasoning and simple math skills
- Visuospatial orientation
- Executive function
- Memory

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**Translations:** SAGE is available in other languages, including English (US) and English (New Zealand) [access](#)



<https://www.cgakit.com/p-3-sage>

# How Well Are You Thinking?

Please complete this form in ink **without** the assistance of others.

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

How far did you get in school? \_\_\_\_\_ I am a Man \_\_\_\_\_ Woman \_\_\_\_\_

I am Asian \_\_\_\_\_ Black \_\_\_\_\_ Hispanic \_\_\_\_\_ White \_\_\_\_\_ Other \_\_\_\_\_

Have you had any problems with memory or thinking? Yes \_\_\_\_\_ Only Occasionally \_\_\_\_\_ No \_\_\_\_\_

Have you had any blood relatives that have had problems with memory or thinking? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have balance problems? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, do you know the cause? Yes (specify reason) \_\_\_\_\_ No \_\_\_\_\_

Have you ever had a major stroke? Yes \_\_\_\_\_ No \_\_\_\_\_ A minor or mini-stroke? Yes \_\_\_\_\_ No \_\_\_\_\_

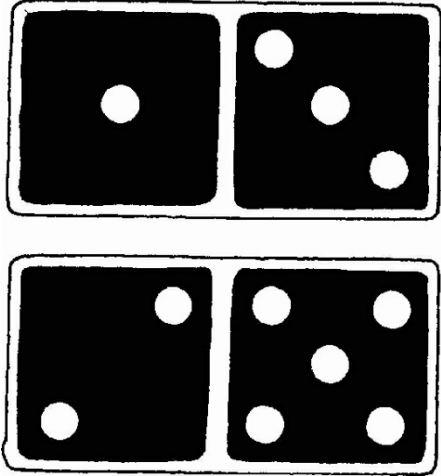
Do you currently feel sad or depressed? Yes \_\_\_\_\_ Only Occasionally \_\_\_\_\_ No \_\_\_\_\_

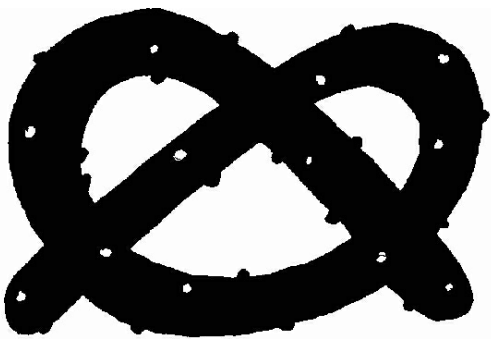
Have you had any change in your personality? Yes (specify changes) \_\_\_\_\_ No \_\_\_\_\_

Do you have more difficulties doing everyday activities due to thinking problems? Yes \_\_\_\_\_ No \_\_\_\_\_

1. What is today's date? (from memory – no cheating!) Month \_\_\_\_\_ Date \_\_\_\_\_ Year \_\_\_\_\_

2. Name the following pictures (don't worry about spelling):





\_\_\_\_\_

**Answer these questions:**

3. How are a corkscrew and a hammer similar? Write down how they are alike. They both are... what?

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4. How many 20 pence pieces are there in £7.60? \_\_\_\_\_

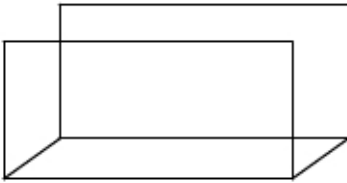
5. You are buying £1.90 of groceries. How much change would you receive back from a £5 note?

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**6. Memory Test (memorize these instructions). Do later only after completing this entire test:**

At the bottom of the very last page: Write "I am done" on the blank line provided

**7. Copy this picture:**



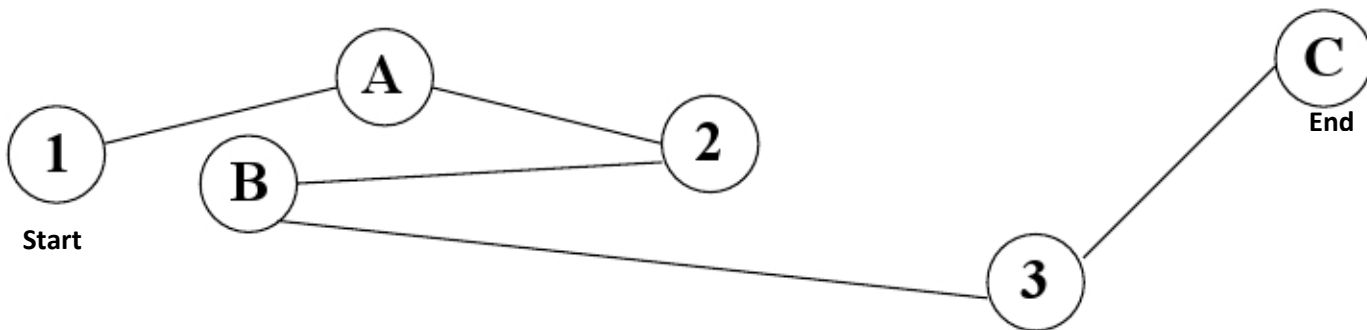
**8. Drawing test**

- Draw a large face of a clock and place in the numbers
- Position the hands for 10 minutes after 11 o'clock
- On your clock, label "L" for the long hand and "S" for the short hand

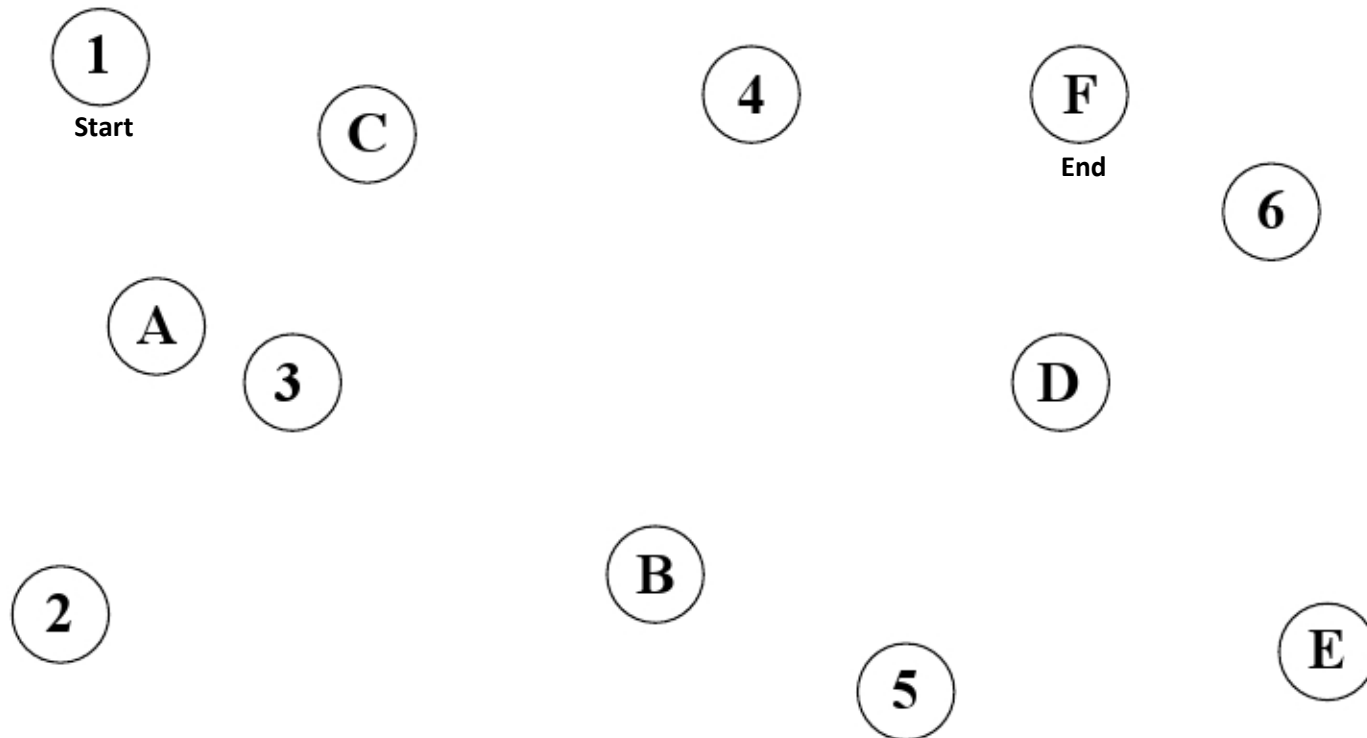
9. Write down the names of 12 different fruits or vegetables (don't worry about spelling):

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

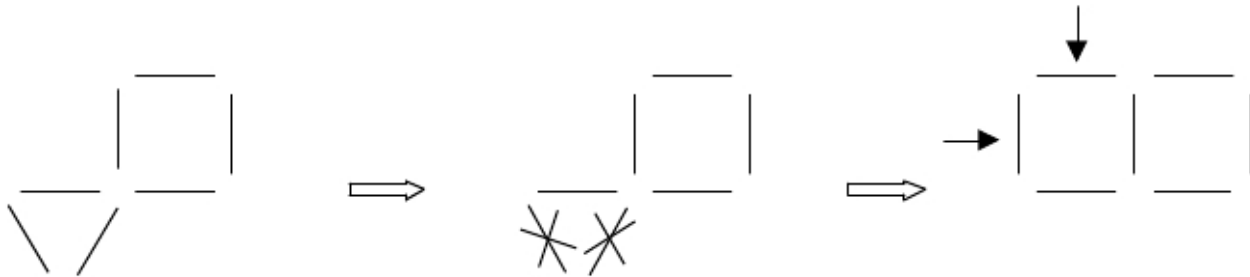


10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).



Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 1 triangle and 1 square
- Move 2 lines (marked with an X)
- To make 2 squares and no triangle
- Each line must be part of a complete square (no extra lines).



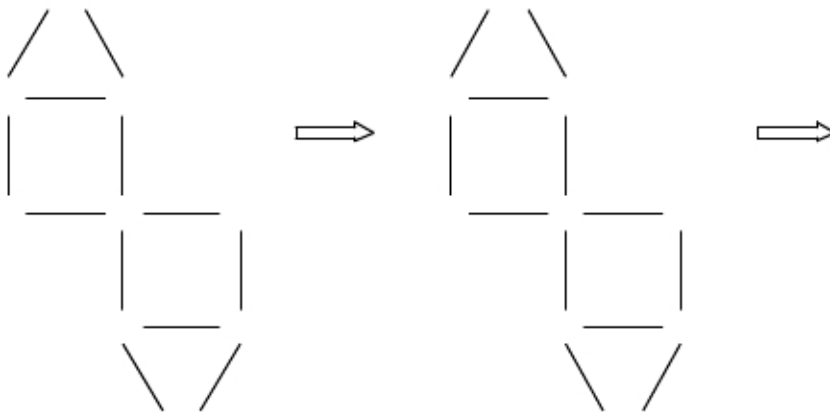
1 triangle, 1 square  
(Example)

Move these 2 lines  
(Example)

Put them here (at arrows)  
Make 2 squares (answer)  
(Example)

**11. Solve the following problem:**

- Beginning with 2 squares and 2 triangles
- Move 4 lines (mark with an X)
- To make 4 squares and no triangles
- Each line must be part of a complete square (no extra lines).



2 squares, 2 triangles

Move 4 lines

Draw answer here

Mark with an X

4 squares

12. Are you done? \_\_\_\_\_

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