

# 6CIT

## 6 item Cognitive Impairment Test

### Kingshill version 2000

**Purpose** : Brief screening for early dementia

**Admin time** : 5-10 min

**User Friendly** : High

**Administered by** : Healthcare worker or caregiver

**Content** : three orientation items – counting backwards from 20, stating the months of the year in reverse and learning an address

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<https://www.cgakit.com/p-3-6cit>

## Six Item Cognitive Impairment Test (6CIT)

(6CIT - Kingshill Version 2000, Dementia screening tool)

<b>Patient's Details:</b>	<b>Date:</b>  <b>Name of Assessor:</b>
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Question	Score Range	Score
1. What year is it?	<b>0 – 4</b> Correct - 0 points Incorrect – 4 points	
2. What month is it?	<b>0 – 3</b> Correct – 0 points Incorrect – 3 points	
3. Give the patient an address phrase to remember with 5 components, eg <b>John, Smith, 42, High St, Bedford</b>		
4. About what time is it (within 1 hour)	<b>0 – 3</b> Correct – 0 points Incorrect – 3 points	
5. Count backwards from 20-1	<b>0- 4</b> Correct - 0 points 1 error – 2 points More than 1 error – 4 points	
6. Say the months of the year in reverse	<b>0- 4</b> Correct - 0 points 1 error – 2 points More than 1 error – 4 points	
7. Repeat address phrase <b>John, Smith, 42, High St, Bedford</b>	<b>0 – 10</b> Correct - 0 points 1 error – 2 points 2 errors – 4 points 3 errors – 6 points 4 errors – 8 points All wrong – 10 points	
<b>TOTAL SCORE</b>	<b>0 – 28</b>	<b>/28</b>

### Outcome from Score

0-7 = normal	Referral not necessary at present
8- 9 = mild cognitive impairment	Probably refer
10-28 = significant cognitive impairment	Refer