

# **MAI**

## ***Medication Appropriateness Index (modified)***

**Purpose :** Measures of the appropriateness of prescribing for elderly patients, using 10 criteria for each medication prescribed.

**Admin time :** Highly operator dependent, and increases progressively for each additional medication.

**User Friendly :** Straightforward but painstaking.

**Administered by :** GP, Physician, Community pharmacist

**Content :** Questions pertaining to the following aspects of prescribing for the individual: indication, effectiveness, dose, correct directions, practical directions, drug-drug / drug-disease interactions, duplication, duration of therapy, cost comparison with alternatives.

**Original Author :** Hanlon JT et al. 1992

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**Modified by :** Grazioli A, 2021

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<https://www.cgakit.com/m-2-mai>

# MAI

## *Medication Appropriateness Index*

*(modified)*

Name  d.o.b.

Drug

Date Assessed

Assessed by

Decision

# MAI

## ***Medication Appropriateness Index***

(modified)

		Yes	+/-	No	Comment
1	Is there an indication for the drug ?				
2	Is the medication effective for the condition ?				
3	Is the dosage correct ?				
4	Are the directions correct ?				
5	Are the directions practical ?				
6	Are there clinically significant drug- drug interactions ?				
7	Are there clinically significant drug-disease/condition interactions ?				
8	Is there unnecessary duplication with other drug(s) ?				
9	Is the duration of therapy acceptable ?				
10	Is this drug the least expensive alternative compared to others of equal utility ?				

When completing the MAI, take into consideration other relevant information gathered in the Medication Review process (especially in Part 1).

see : <https://www.cgakit.com/m-2-meds-review---more>