

CAGE and CAGE-AID

Alcohol and Substance Abuse Screening Tool

Purpose : The CAGE questionnaire is used to test for alcohol abuse and dependence in adults. The CAGE-AID version of the tool has been adapted to include drug use

Admin time : 1-3 min

User Friendly : High

Administered by : GP or nurse

Content : Questions pertaining to alcohol use (CAGE). , Questions pertaining to alcohol and other drug use (CAGE-AID).

Author :

CAGE : Ewing J, 1984

CAGE-AID : Brown RL, 1995

Copyright : Brown RL, 1995

The original 1995 article bearing the CAGE and CAGE-AID questions appeared in the **Wisconsin Medical Journal**.

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<https://www.cgakit.com/ap-1-cage-cage-aid>

CAGE and CAGE-AID

Alcohol and Substance Abuse Screening Tool

Name : _____

Date : _____

Assessed by : _____

Directions: Ask your patients these four questions and use the scoring method described below to determine if substance abuse exists and needs to be addressed.

CAGE Questions

		YES	NO
C	Have you ever felt you should cut down on your drinking ?		
A	Have people annoyed you by criticizing your drinking ?		
G	Have you ever felt bad or guilty about your drinking ?		
E	Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener) ?		
Total			

Scoring:

Item responses on the CAGE are scored 0 for "no" and 1 for "yes" answers.

A higher score is an indication of alcohol problems.

A total score of 2 or greater is considered clinically significant.

CAGE Questions Adapted to Include Drug Use (CAGE-AID)

		YES	NO
C	Have you ever felt you should cut down on your drinking or drug use ?		
A	Have people annoyed you by criticizing your drinking or drug use ?		
G	Have you ever felt bad or guilty about your drinking or drug use ?		
E	Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener) ?		
Total			

Scoring:

Item responses on the CAGE-AID are scored 0 for "no" and 1 for "yes" answers.

A higher score is an indication of alcohol and/or drug problems.

A total score of 2 or greater is considered clinically significant.

Brown, R.L., and Rounds, L.A. Conjoint screening questionnaires for alcohol and drug abuse. Wisconsin Medical Journal 94:135-140, 1995.